

Challenge 2012



SESSION 1				
JUNE 25 TH	JUNE 26 TH	JUNE 27 TH	JUNE 28 TH	JUNE 29 TH
Chicken Tenders Smashed Potatoes Steamed Broccoli Fresh Fruit Quarters	Spaghetti & Meatballs Fresh Tomato Salad Green Beans Pineapple	Roasted Turkey Oven Roasted Fries Vegetable Medley Chocolate Chip Cookies	Macaroni and Cheese Sweet Peas Apple Sauce	Oven Baked Fresh Pizza Vegetable Sticks Italian Ices
JULY 2 ND	JULY 3 RD	JULY 4 TH	JULY 5 TH	JULY 6 TH
BBQ Chicken Garlic Bread Steamed Green Beans Sliced Pears	Hamburger, Cheese Burger, Veggie Burger Oven Baked Fries Corn on the Cob Watermelon	Camp Closed 	Turkey Tacos Lettuce, Salsa, and Cheese Roasted Carrots Nectarines	Oven Baked Fresh Pizza Vegetable Sticks Chocolate Chip Cookies
JULY 9 TH	JULY 10 TH	JULY 11 TH	JULY 12 TH	JULY 13 TH
Popcorn Chicken Steamed Green Beans French Bread Fresh Fruit Quarters	Waffle Bar with Toppings Scrambled Eggs Roasted Potatoes Fresh Fruit	Cheese Ravioli Vegetable Medley French Bread Peach Slices	Hamburger, Cheese Burger, Veggie Burger Oven Baked Fries Corn on the Cob Watermelon	French Bread Pizza Vegetable Sticks Italian Ices
JULY 16 TH	JULY 17 TH	JULY 18 TH	JULY 19 TH	JULY 20 TH
Fish and Chips French Green Beans Brownies	Chicken Tenders Cous cous Sautéed Broccoli Apple Sauce	Beef Tacos Lettuce, Salsa, and Cheese Roasted Carrots Nectarines	Cheese Tortellini Steamed Zucchini Jell-O	Pizza Salad Bar Chocolate Chip Cookies
SESSION 2				
JULY 23 RD	JULY 24 TH	JULY 25 TH	JULY 26 TH	JULY 27 TH
Popcorn Chicken White and Wild Rice Roasted Squash Apple Sauce	Spaghetti & Meatballs Fresh Tomato Salad Green Beans Plums	French Toast Scrambled eggs Roasted Potatoes Fresh Fruit	Honey Dipped Chicken Smashed Sweet Potatoes Steamed Cauliflower Bananas	Oven Baked Fresh Pizza Beet Salad Pudding
JULY 30 TH	JULY 31 ST	AUGUST 1 ST	AUGUST 2 ND	AUGUST 3 RD
BBQ Chicken Herbed Egg Noodles Snow Peas Fruit Salad	Cheese Tortellini with Marinara Sauce Whole Grain Rolls Vegetable Medley Apple Sauce	Beef Tacos Confetti Rice Herbed Green Beans Watermelon	Chicken Fillet on a Whole Wheat Bun Roasted Root Vegetables Sweet Peas Cookies	French Bread Pizza Wheatberry Salad Fruit Salad
AUGUST 6 TH	AUGUST 7 TH	AUGUST 8 TH	AUGUST 9 TH	AUGUST 10 TH
Hamburger, Cheese Burger, Veggie Burger Potato Salad Corn on the Cob Watermelon	Fish and Chips Green Beans Sliced Pears	Cheese Ravioli French Bread Steamed Broccoli Peach Slices	Chicken Tenders Oven Baked Fries Roasted Carrots Jell-o	Oven Baked Fresh Pizza Vegetable sticks Cookies

Daily Alternatives

Self service Salad Bar is available with lunch every day.

1% Milk, Lo-Fat Chocolate, and 100% Fruit Juice will be offered daily with lunch meal.

4oz Yogurt and a Plain Bagel will be offered daily as an alternative.

Ice Cream Treat served daily as a Snack.

If you have a food allergy, please speak to the owner, manager, chef or your server.

